

# Rural Kids Count

Sharing the Stories and Statistics from Oklahoma and Arkansas

> A project of the Oklahoma Institute for Child Advocacy and Arkansas Advocates for Children and Families









August 2004

This report is dedicated to people living in rural Oklahoma and Arkansas, because rural kids and their families **do count!** 

# rural kids count!

sharing stories and statistics from Oklahoma and Arkansas

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## acknowledgments rural kids count project

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BUILDING AMERICA"

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## lintroduction

Imagine a place where you know your neighbors, where others care about your children, where family matters. Imagine a place where the futures of young people are limited by substance abuse, pregnancy and prejudice. Imagine

the heartbreak of poverty surrounded by the beauty of nature. Imagine a place you love that you might leave if you could find a way. Imagine rural Oklahoma and Arkansas ... communities of contradictions.

# background

KIDS COUNT is a project of The Annie E. Casey Foundation that presents an annual state-by-state picture of the status of children in the United States. Along with the national report, the Foundation funds a network of state KIDS COUNT projects, which provides a comparison of the same child health and well-being indicators on a county-by-county basis. In Oklahoma and Arkansas, the KIDS COUNT affiliates are the Oklahoma Institute for Child Advocacy and the Arkansas Advocates for Children and Families, non-profit child advocacy organizations that serve as catalysts for

programs and policies to improve the lives of children and youth in their states. These two agencies form the collaborative partnership for the *Rural Kids Count* Project.

In 2000, The Annie E. Casey Foundation launched the *Making Connections*Initiative with the goal of helping urban neighborhoods become better places for children and families. It provided a guiding principle that is equally relevant for rural families and communities: "Children do well when their families do well, and families do better when they



"All kids have needs. Doesn't matter where you live, you still need love, the necessities of life and an education."

live in supportive communities." The three kinds of connections the Foundation identified as most critical include: Economic Opportunity, Social Networks and Services and Supports. Following that guide and the Foundation's Family Economic Success model, the Oklahoma–Arkansas partnership addressed the particular challenges experienced in rural areas related to the following:

### Economics

Employment, Retail Services, Transportation, Housing

### ■ Rural Society

Quality of Life, Community Leadership, Churches-Faith, Recreation and Entertainment, Parental Involvement and Social Concerns

### Education

## Services and Supports

Child Care, Medical and Health, Community Services

The purpose of the *Rural Kids Count* project was to highlight the needs of rural families in poverty in Oklahoma and Arkansas, to deepen the understanding of the issues and circumstances that are barriers to their self-sufficiency and to increase the attention paid to rural poor families in policy discussions. This report presents a picture of daily life in impover-

ished rural areas, blending the stories gathered from focus groups and interviews with the data and statistics. The findings of this report represent an indepth analysis of the data, issues and life experiences of rural families in poverty and identify recommendations to help rural families and communities improve their economic status.

It is not possible to fully convey the intensity felt by participants in the rural communities we visited to gather information for this report. We found a strong and sincere desire among rural Oklahomans and Arkansans to see their communities stable and thriving—and to be part of that process. Rural residents are resilient and resourceful, characteristics vital to economic and family success. In Oklahoma and Arkansas, it is clear that as families suffer or prosper, their children suffer or prosper. Our goal is to enable more rural families — thus their children — to prosper.

This special Rural Kids Count
Project was funded by The
Annie E. Casey Foundation as
part of their National KIDS
COUNT Family Economic
Success Initiative. A partnership
between Oklahoma and
Arkansas was natural for this
effort, as the states share more
than a common border. Among
poor families struggling to raise

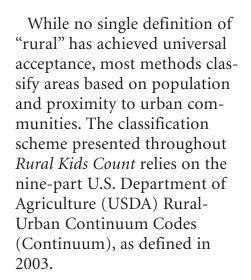




children in rural areas, the two states share similar challenges and opportunities. Though the beauty of their rural areas is striking, it masks changing demographics and an array of problems that negatively impact children and families, as well as the economic future of each state. Two-thirds of the 152 counties in Oklahoma and Arkansas are rural, with most experiencing significant levels of poverty. Beyond poverty lie

other threats to the vitality and survival of rural Oklahoma and Arkansas communities — loss of population, loss of businesses, lack of economic opportunities to attract and keep a strong workforce and lack of jobs that provide the wages and health coverage needed to support families.

# defining "rural"



Rural, as used in this analysis, includes Oklahoma and Arkansas counties with less than twenty thousand (20,000) residents living in its cities or towns. Rural counties are those with codes numbering 6 through 9 on the Continuum, with 9 being the most rural.

Non-rural, as used in this analysis, includes Oklahoma and Arkansas counties in metropolitan areas or with urban populations of twenty thousand (20,000) or more. Non-rural counties are those with codes numbering 1 through 5 on the Continuum, with 1 being the most urban. References throughout Rural Kids Count to "rural" include fifty (50) of Oklahoma's seventy-seven (77) counties and fifty-one (51) of the seventy-five (75) counties in Arkansas. See following map for designation of rural counties in Oklahoma and Arkansas.



USDA RURAL-URBAN CONTINUUM CODES, 2003			
Code	Description	<b>USDA Classification</b>	
	Rural for <i>Rural Kids Count</i> analysis:		
9	Completely rural or less than 2,500 urban population, not adjacent to a metro county	Non-metro County	
8	Completely rural or less than 2,500 urban population, adjacent to a metro county	Non-metro County	
7	Urban population of 2,500 to 19,999, not adjacent to a metro county	Non-metro County	
6	Urban population of 2,500 to 19,999, adjacent to a metro county	Non-metro County	
	Non-rural for <i>Rural Kids Count</i> analysis:		
5	Urban population of 20,000 or more, not adjacent to a metro county	Non-metro County	
4	Urban population of 20,000 or more, adjacent to a metro county	Non-metro County	
3	Counties in metro areas of fewer than 250,000 population	Metro County	
2	Counties in metro areas of 250,000 to 1 million population	Metro County	
1	Counties of metro areas of 1 million population or more	Metro County	

## 2003 Rurality Index

